Centennial seniors take part in top-secret operation

Volunteers help test the town's emergency preparedness plan

By Gillian Brunette

An annual exercise was conducted by the fire chief's office on Sept. 7, in which some of the plant's equipment was found leaking and then went and sat back on the registration area calling out, 'Where's my wife, that day, suffered from a severe case of Tourette's syndrome. She couldn't believe that the vapor was coming out and called 911. Meanwhile the evacuation was supposed to start at 8:30 a.m. and was generally frustrated by the evacuees, were being transferred to the Huntsville Civic Centre. At 9 a.m. last Friday, the volunteers got caught up in the spirit of the emergency control group.

“Tourette's syndrome is a neurological condition that involves a range of physical and vocal tics. It is a lifelong condition that can be managed, but not cured. People with Tourette's may experience involuntary movements or sounds, which are called tics. These tics can range from small, subtle movements to more prominent and obvious ones. People with Tourette's syndrome may also have other related conditions, such as ADHD (attention-deficit/hyperactivity disorder) and OCD (obsessive-compulsive disorder). The severity of Tourette's syndrome can vary from person to person and can be managed with therapy, medication, and lifestyle changes. It is important to understand that people with Tourette's syndrome are not making their tics happen on purpose, and they are not faking them. They are often stigmatized and misunderstood, which can lead to social isolation, bullying, and discrimination. It is important to support people with Tourette's syndrome and provide them with the resources they need to live full and fulfilling lives.”

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By Evelyn Wagg

The Muskoka Tourette Syndrome Support Group will be meeting on Tuesday, Oct. 5 at Muskoka Falls Public School, 1715 Concession 2, Huntsville. Individuals with Tourette Syndrome, their families and friends, are invited to attend.

For more information please contact Sharon at 647-255-2035 or visit the website at www.muskokatourettes.com

Battlegrounds: The Forester, Wednesday, September 30, 2009

Programs for Seniors

HUNTSVILLE FOOT HEALTH CENTRE

Friendly, Caring, Highly Skilled Foot Care:

- Podiatry, Diabetic Foot
- Wart & Corn Removal
- Hand & Foot Reflexology
- Pedicure
- Christmas Wishes
- Holiday Parties
- Summer Program

Membership fees are due in December. Marj Wagg can be reached at 789-4641.

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Funnest Fall programs begin after Thanksgiving

By Evelyn Wagg

The club is starting full programs after Thanksgiving. A lot of events will be planned to fill the town, from sports to crops. The club is open at 10 a.m. and the phone number is 789-4721.

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